

NEWSLETTER

October 2025

Senior Connections
A Gathering Place for Active Seniors

Located in Wolters Park
1111 Bohlmann Ave., Schulenburg, TX 78956
Phone: 979-743-3227 Email: amanda@srconnections.org
Website: <https://www.srconnections.org/>
Facebook: <https://www.facebook.com/SeniorConnections979>



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Program **Director's** Desk



Hello Senior Connections Family,

As the leaves begin to turn and a crispness fills the air, we welcome the vibrant season of fall here at Senior Connections. October brings a kaleidoscope of colors and the joy of celebrating fall with pumpkin patches, specialty drinks, and Halloween, a perfect opportunity to gather with your grandchildren and great-grands. Whether it's crafting spooky decorations, carving pumpkins, sharing scary stories, or donning costumes together, these moments create lasting memories that will warm your hearts as the weather cools.

Join us this month for endless games, fun activities, art workshops, and social events designed to keep your spirits high and your connections strong. We're excited to share in the joys of the season with you!

Warm Wishes,

Program Director

Stephanie Shroyer

October Trivia






October was the eighth month in the Roman calendar, named from the Latin word "octo," meaning eight. Later, January and February were added, moving October to the tenth month.

Zodiac signs: **Libra & Scorpio**
Birthstone: **Opal & Tourmaline**
Flower: **Calendula**

Member Testimony

"I'd like to thank you for all that Senior Connections has done for my mother. I can't tell you what a relief it is knowing that she has a great group of people she can connect with. I am very grateful for Senior Connections, and I wish you all the very best!"-

Son of Member

<div><div>SENIOR CONNECTIONS</div><div></div></div>		<div><div>Gathering Place for Active Seniors</div><div>Call: 979-743-3227</div><div>Schulenburg: 1111 Bohlmann Ave</div><div>Weimar: 301 West Saint Charles St.</div><div>Flatonia: 403 E. North Main St.</div></div>			<div><div>Email: stephanie@srconnections.org</div><div>Website: https://www.srconnections.org/</div><div>Facebook: https://www.facebook.com/SeniorConnections979</div></div>		<div>Oct. 2025</div>		
SUNDAY Closed	MONDAY 9am-2pm Schulenburg	TUESDAY 9am-2pm Weimar or Flatonia	WEDNESDAY 9am-2pm Schulenburg	THURS DAY Closed	FRIDAY 10am-1pm ARTS Bldg.	SATUR DAY Closed			
<div><div><div>Koopmann</div><div>Oakridge</div><div>Sr. Conn.</div><div>AMK</div></div><div><div>Come join our family!</div><div>Enjoy a cup of coffee or glass of tea.</div><div>Play games or just visit with others!</div></div><div><div></div><div></div><div></div><div></div></div></div>			<div><div>11:30 am Lunch 1</div><div>Roast Beef & Brown Gravy, Buttered Noodles, Salad, Dessert</div><div>12:00 pm – Bingo</div><div>w/ Fayette Savings Bank</div></div>		<div><div>2</div><div>World Smile Day</div><div>10am -12pm at ARTS</div><div>Diana Chafin Assemblage Art & Steph Shroyer Mosaics</div><div>Lunch Served</div></div>		<div><div>3</div><div>4</div></div>		
5	<div><div>11:30 am Lunch 6</div><div>Chicken Spaghetti, Salad Garlic Bread, Dessert</div><div>12:00 pm Lunch & Learn</div><div>Member Spotlight</div><div>w/ Michelle Wright</div><div>12:30 pm Bingo</div><div>w/ Elizabeth Fox, Freyburg Hall</div><div>Bingo Prizes sponsored by Williamsburg House</div></div>	6	<div><div>SC-Weimar 7</div><div>11:30 am Lunch</div><div>Tamale Pie, Veggies, Salad, Dessert</div><div>12:00 pm Lunch & Learn</div><div>w/ Weimar PD – National Night Out</div><div>12:30 pm Bingo</div><div>w/ Alyssa, 1st Texas Home Health</div></div>	7	<div><div>11:30 am Lunch 8</div><div>Fried Fish, Hush Puppies, Cole Slaw, Mac & Cheese, Dessert</div><div>12:00 pm – Bingo</div><div>w/ Chyla, Wellsential</div></div>	8	<div><div>9</div><div>10</div><div>10am -12pm at ARTS</div><div>Diana Chafin Assemblage Art & Steph Shroyer Mosaics</div><div>Lunch Served</div></div>	9	<div><div>11</div></div>
12	<div><div>Columbus Day 13</div><div>* Blood Pressure Check</div><div>11:30 am Lunch</div><div>BBQ Brisket & Chicken, Potato Salad, Beans, Dessert</div><div>**Cookie Roundup**</div><div>12:00 pm Lunch & Learn</div><div>w/ Tim Zeller, Chiropractor</div><div>12:30 pm Bingo</div><div>w/ Sandy Anderson, TruCare</div></div>	13	<div><div>SC-Flatonia 14</div><div>9:45 Exercise</div><div>11:30 am Lunch</div><div>Baked Ziti, Veggies, Salad, Garlic Bread, Dessert</div><div>12:00 pm Lunch & Learn</div><div>w/ Angela Haan, Fayette Co. Emergency Manager</div><div>12:30 pm Bingo</div><div>w/ Joshua Lovejoy, Crown Hospice</div></div>	14	<div><div>11:30 am Lunch 15</div><div>Chicken Fried Steak & Gravy, Buttered Potatoes, Salad, Dessert</div><div>***Birthdays***</div><div>12:00 pm – Bingo</div><div>w/ Jeffery, Flatonia Healthcare Center</div></div>	15	<div><div>16</div><div>17</div><div>10am -12pm at ARTS</div><div>Diana Chafin Assemblage Art & Steph Shroyer Mosaics</div><div>Lunch Served</div></div>	16	<div><div>18</div><div>OUTING</div><div>Czech Heritage</div><div>La Grange</div><div>10am-1pm + travel time</div></div>
19	<div><div>11:30 am Lunch 20</div><div>King Ranch Chicken, Garlic Bread, Salad, Dessert</div><div>12:00 pm Lunch & Learn</div><div>w/ Joanie Krischke, Juice Plus - Healthy Living</div><div>12:30 pm Bingo</div><div>w/ Amanda, Anytime Fitness</div></div>	20	<div><div>SC-Weimar 21</div><div>* Blood Pressure Check</div><div>11:30 am Lunch</div><div>Shepherd's Pie, Veggies, Salad, Garlic Bread, Dessert</div><div>12:00 pm Lunch & Learn</div><div>w/ B.J., Mama Bear Massage</div><div>12:30 pm Bingo</div><div>w/ Sandy Anderson, TruCare Living</div></div>	21	<div><div>11:30 am Lunch 22</div><div>Fried Chicken, Buttered Potatoes, Salad, Dessert</div><div>12:00 pm – Bingo</div><div>w/ Deannie Crim, Schulenburg Family Fitness</div></div>	22	<div><div>23</div><div>24</div><div>10am -12pm at ARTS</div><div>Diana Chafin Assemblage Art & Steph Shroyer Mosaics</div><div>Lunch Served</div></div>	23	<div><div>25</div></div>
26	<div><div>11:30 am Lunch 27</div><div>Chicken Fried Chicken & Gravy, Buttered Potatoes, Salad, Dessert</div><div>12:00 pm Lunch & Learn</div><div>Music by Jim & Elena Pate</div><div>12:30 pm Bingo</div><div>w/ Payton Steele, Amedisys Home Health</div></div>	27	<div><div>SC-Flatonia 28</div><div>9:45 Exercise</div><div>* Blood Pressure Check</div><div>11:30 am Lunch</div><div>Tamale Pie, Veggies, Salad, Dessert</div><div>12:00 pm Lunch & Learn</div><div>w/ Valerie Rios, AAA – Dementia Signs & Prevention</div><div>12:30 pm Bingo</div><div>w/ Debbye V, Flatonia Health Ctr</div></div>	28	<div><div>Grandparents Day 29</div><div>11:30 am Lunch</div><div>Meatloaf, Buttered Potatoes, Salad,, Dessert</div><div>12:00 pm – Bingo</div><div>w/ VIP Caller Cynthia Fogelman, Stanzel Foundation</div></div>	29	<div><div>30</div><div>Board Mtg. 11 am</div></div>	30	<div><div>31</div><div>Halloween</div><div>10am -12pm at ARTS</div><div>Diana Chafin Assemblage Art & Steph Shroyer Mosaics</div><div>Lunch Served</div><div></div></div>

Rev. 9/30/25

October Birthdays

In October we celebrate birthdays with:

Terry Ehler – 1st
Kathy Carpenter – 2nd
Claire Jackson – 3rd
Steph Shroyer – 3rd
Beverly Kostor – 5th
Rickie Nevels – 8th
Roselinda Grifaldo – 8th
Donna King – 9th
Sharon Cahill – 10th
Ernest Mican – 14th

Pam Marshall – 15th
Patsy Janda – 15th
Mary Kelly – 16th
Ray Bacak – 17th
Mary Ernestes – 18th
Helen Ohnheiser – 22nd
Ruben Rodriguez – 23rd
Wander Curry – 24th
Jeanette Zouzalik – 26th
Marilyn Hinze – 26th

Claire Lewis – 27th
Glenn Horndt – 27th
Amy Medina – 29th
Gayla Ehler – 29th
Irene Janda – 29th
Jim Pate – 30th
Alice Blanco – 31st
Annie Ketchum – 31st
Joyce Hanzelka – 31st



Please join us at the center, normally on the 3rd Wednesday of each month to celebrate.

World Smile Day

Smiles are more powerful than we often realize. Research shows that smiling can lift your mood, reduce stress, and even boost your immune system.

Best of all, smiles are contagious - when you share one, you brighten not only your own day but someone else's too.

On World Smile Day, let's remember that the simplest gift we can give is free, universal, and always welcome: a smile.

Libra (Oct 23 - Oct 22)

Librans are often considered the nicest and most charming personality in the world!

Scorpio (Nov 23 – Nov 22)

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

October Spotlight: The X-Ray

In October 1895, Wilhelm Röntgen accidentally discovered the X-ray, allowing doctors to see inside the body without surgery. Still vital in healthcare today, it's a powerful reminder that curiosity - like on Curious Events Day - can lead to life-changing breakthroughs.

WOW!

News to Know



Our **Annual New Year's Eve Heritage Ball Fundraiser** is especially important this year, as we **kick off our capital campaign!** The support we receive, along with the grants we are actively submitting, provides the flexibility to sustain our ongoing programs while also advancing the building renovation. The journey will take time, dedication, and resources, but we are fully committed to seeing it through to completion!

**JOIN US FOR OUR ANNURAL
NEW YEAR'S EVE FUNDRAISER
AT FREYBURG HALL!**

*Scan the QR Code for More Details about NYE
and to Secure Your Table or Make a Donation Today!*



See page 11 of this newsletter to print the donor form or
use the scan code above to go online.

News to Know (continued)



Thank you to the **Flatonia 4 H** group who collected so many wonderful bingo prizes for our Flatonia campus!



We are so grateful to **Jim Brown** and **Treasurer Rick Todd** of **Schulenburg American Legion 143 McBride Chapter** for their generous donation of \$1,000 to Senior Connections! Thank you!

Upcoming Events



Don't miss our upcoming speakers for October at any of our 3 locations (S) Schulenburg, (W) Weimar, (F) Flatonia:

October 6 – (S) Member Spotlight – Michelle Wright
 October 7 – (W) Weimar PD – National Night Out
 October 13 – (S) Tim Zeller, Chiropractor
 October 14 – (F) Angela Haan, Fayette County Emergency Management
 October 20 – (S) Joanie Krischke, Juice Plus – Healthy Living
 October 21 – (W) B.J., Mama Bear Massage
 October 27 – (S) Music by Jim & Elena Pate
 October 28 – (F) Valerie Rios, AAA – Dementia Signs & Prevention



Sign up NOW for the November and December classes before they are full.

Artful Friday

10:00-12:00
 (light lunch served afterwards)

Come join the experience!



Month	<u>Classroom 1</u> Guest Artist/ Instructor	Medium Topic	Location	<u>Classroom 2</u> Alternate Class	Medium Topic
<p>NOTE: We will require that everyone <u>pre-register</u> for these free art classes, which are open to anyone 55 and up. You don't have to be a member of Senior Connections to join in on the fun. We just have limited space in the two classrooms.</p>					
October	Diana Chafin	Assemblage Art	ARTS	Steph Shroyer	Mosaic Open Studio
November	Jaime Janda	Art Journals	ARTS	Steph Shroyer	Mosaic Open Studio
December	Susan Grooms	Acrylic	ARTS	Steph Shroyer	Mosaic

Are you interested? If so, call Stephanie Shroyer at 979-702-1246.

Upcoming Events (continued)



MEDICARE 1 ON 1

TWO LOCATIONS

Wednesday, October 29, 2025
10 am to 12 noon

Fayette Co. Agricultural Building
255 Svoboda Lane, Room 104
La Grange, TX

OR

Thursday, November 6, 2025
10:00 am to 12 noon

Senior Connections
1111 Bohlmann
Schulenburg, TX

LEARN WHAT TO DO NOW!

Original Medicare, Medicare Advantage Plans, Medigap, Part D
Prescriptions, Medicare Savings Program, Supplemental Plans, & More!

Presented By:

Valeria Rios

*Aging Program Specialist
Area Agency on Aging of the Capital Area*

REMINDER:

**Open Enrollment starts October 15, 2025*

And goes to December 7, 2025!

**Make sure you have signed up for all parts of
Medicare to avoid penalties.*

**Sign up is required to
participate. Call the
center to get your
name on the list!**

Co-hosted by

Fayette County Committee on Aging

For further information or to register contact:

Fayette County Extension Office at (979)968-5831

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in this meeting are encouraged to contact the Fayette County Extension Office at (979)968-5831 ten workdays prior to the meeting to determine how reasonable accommodations can be made.

Upcoming Events (continued)



250 W. Fairgrounds Rd. La Grange, Texas

OCT 17 & 18, 2025
FRIDAY
Oktoberfest on the Deck
4:30pm – 10:00pm
Music by The Dujka Brothers
6:00pm – 9:30pm

SATURDAY
ACTIVITIES ALL DAY!
Car Show, Farm Show,
Demonstrations
KJT State Tarock Tournament
9:00 am – 4:00 pm
Music by Lavaca County Line,
Mark Halata & Texavia,
& The Vintage Drafts
10:00 am – 5:30 pm

Amphitheater Muziky
55 Years of the Red Ravens
(\$15 Concert Ticket at Amphitheater Entrance)
7:00pm – 9:30pm
Fireworks Finale 9:30pm



TEXAS CZECH HERITAGE AND CULTURAL CENTER

FREE ENTRY—OPEN TO THE PUBLIC
Antique Tractor & Car Show!
Plus Music, Wagon Rides,
Village Tours, Demonstrations, Arts & Crafts,
Childrens Activities, Fraternal Mutual Pavilion,



FRIDAY FOOD MENU
Our Famous Homemade
Chicken and Dumplings and Koláče

SATURDAY FOOD MENU
BBQ Brisket on a Bun,
Patek's Shiner Smokehouse Sausage
(homemade bread, kraut, pickle and chips)
Weikel's Koláče



HOSPODA BEER GARDEN
Shiner Bock (light and premium)
Ultra Lite, Alstadt Kolsh
Alstadt Oktoberfest and more!



The Red Ravens



Mark Halata & Texavia



Upcoming Events (continued)

Have you signed up for our October Outing to the Czech Heritage Fest and Muziky (see flyer on previous page)

The event is open on Friday and Saturday, but we will be attending as a group on
Saturday, October 18th from 10 am – 1 pm



Call Stephanie Shroyer at 979-702-1246 to add your name to the list.

Deadline to register for this outing is October 8th.

Please provide the following information:

- Name
- Phone #
- Do you want to be a driver or passenger?
- If driver, how many extra people can you bring in your vehicle with you?
- Which Senior Connections location do you plan to leave from?

Transportation and Carpooling details are being worked out as the date gets closer.
Please bring money for your own food, drink, or gift shop purchases.

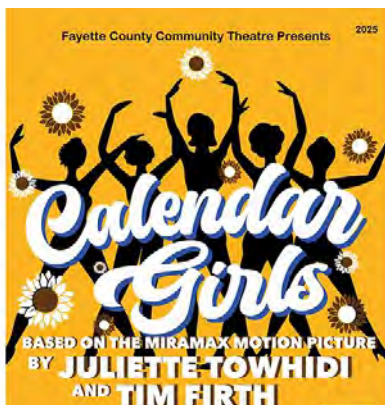


My how time flies!!! As we are approaching the end of the year, please be sure to mark your calendars for these special events.

More details will follow soon and sign-up sheets are available, so be sure to put your name on the list.

Sunday, November 9th

Outing to La Grange
to see the play "Calendar Girls"



Wednesday, November 12th

Thanksgiving Party
KC Hall, Schulenburg
Music by Vic Rodriguez



Wednesday, December 10th

Christmas Party
KC Hall, Schulenburg
Music by Super Dave



New Years Eve Heritage Ball

12.31.25 | FREYBURG HALL | MUSIC BY: THE BROKEN SPOKES

☐ PRESENTING SPONSOR \$5,000

Table for 10 guests
Premier Room Placement and VIP Drink Service
Priority Dinner Service
Sponsorship Recognition on Front Cover of Program
Sponsorship Recognition Displayed on the Table
Featured Sponsor Spotlight in SC Newsletter, Website, & Social Media

☐ PLATINUM SPONSOR \$2,500

Tickets for 8 Guests
Second Priority Reserved Table Seating
Sponsorship Recognition on Back Cover of Program
Sponsorship Recognition displayed on the Table
Sponsor Spotlight in SC Newsletter, Website, & Social Media

☐ GOLD SPONSOR \$1,500

Tickets for 8 Guests
Reserved Table Seating
Sponsorship Recognition on Back Cover of Program
Sponsorship Recognition displayed on the Table
Sponsor Acknowledgment in SC Newsletter, Website, & Social Media

☐ SILVER SPONSOR \$1,000

Tickets for 6 Guests
Reserved Table Seating
Sponsorship Recognition on Back Cover of Program
Sponsorship Recognition displayed on the Table
Sponsor Acknowledgment in SC Newsletter, Website, & Social Media

Underwriting Opportunities:

All underwriters will be recognized in the SC Newsletter, on our website and social media, and will receive a special gift. Your support helps cover event expenses, allowing more funds to be directed toward advancing the mission of Senior Connections.

☐ CATERING | \$2,500

☐ ENTERTAINMENT | \$2000

☐ FIREWORKS | \$1000

☐ DECOR \$500

Please Mail Check to PO Box 33
Schulenburg, TX 78956



TABLE DISPLAY/UNDERWRITER NAME:

CONTACT NAME:

CONTACT PHONE:

CONTACT EMAIL:

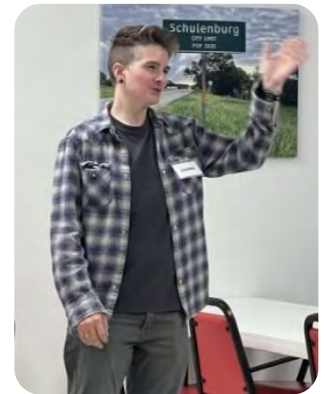
MAILING ADDRESS

Senior Connections Post Office Box 33, Schulenburg, Texas 78956 | www.SeniorConnections.org
All proceeds benefit Senior Connections, a 501(c)(3) charitable organization

Last Month in Review

Lunch & Learn – Monday, September 8 (Schulenburg)

Jaime Janda joined us in our Member Spotlight in Schulenburg. The granddaughter of Irene Janda, Jaime is a blessing to us at the center! She also teaches at Artful Fridays. Jaime shared with us her strong ties to the community through her Moravian Heritage. Because of her heritage, she became an archivist. Jaime is an old soul in a young body. She moved back home to be closer to her roots and to encourage others to explore their own heritage. She is passionate about helping to preserve the memories of our ancestors.



Lunch & Learn – Tuesday, September 9 (Flatonia)

Jesenia and Frank Manzano with Jordan Ranch Retreat Center delighted our big crowd with a delectable home-cooked meal of meatloaf, green beans, mashed potatoes, and a dessert!

Jordan Ranch has been one of Texas' premier Christian event and retreat centers for more than 16 years. It exists to serve others and provide a place for connection, leadership development, and spiritual refreshment. Whether you're looking to host a corporate event, a church retreat, or just get your team, your spouse, or your group away from the chaos of everyday life...Jordan Ranch is the place you seek!

Jordan Ranch is a Christian Event and Retreat Center that exists to serve others. Jordan Ranch is a Christian Event and Retreat Center that exists to serve others.

Members were in awe of the many wonderful things that Jordan Ranch provides and some members never even knew they were in the area. We were impressed with their youth work program and the free retreats they offer to pastors, youth, and certain specialty groups. They are only able to provide these free services and clothing because of generous donors and monthly giving partners. Thank you, Pastor Frank and Jesenia Manzano for your wonderful efforts in providing a place for spiritual connection and leadership development right here in our community. They and their team have helped us at many of our holiday events, and we are grateful for their help.

Lunch & Learn – Monday, September 15 (Schulenburg)

Angela Hahn, the Fayette County Emergency Coordinator spoke about being prepared for natural disasters like fire and flood. She shared a check list with us, and talked about how important it is to have a plan...

Do you have a plan? Are all your important papers together? If you would like a copy of the checklist, let Stephanie Shroyer know.



Last Month in Review (continued)

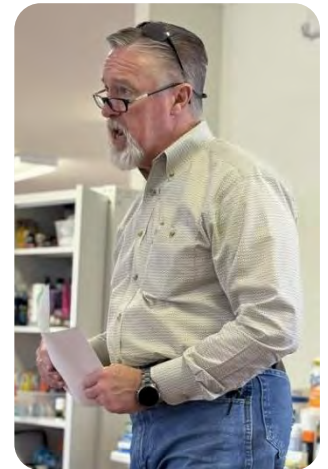


Lunch & Learn – Tuesday, September 16 (Weimar)

Laramie Kettler, Colorado County Extension Office shared information on Lawn & Tree care during drought conditions. This talk was very timely with this being a drought period with no rain in sight. Her information on how to protect and save our trees, grasses, and garden was very good advice. Members were amazed at the wide variety of oak trees in our area.

Lunch & Learn – Tuesday, September 23 (Flatonia)

Our speaker was **Ray Miller, the new City Manager in Flatonia**. We learned a bit about his background—he graduated from Schulenburg! He also shared his challenges, like the aging water system, and talked about the improvements that are being implemented, like streets, sidewalks, and parks.



Lunch & Learn – Monday, September 29 (Schulenburg)

Sally Garrett and Jenifer Boenig with the Texas A&M AgriLife Extension Office joined us today and led us in some simple but effective exercises we can easily do at home. They have invited us to participate in Texercise, a statewide health and wellness initiative by Texas Health and Human Services. This encourages us to live a healthy lifestyle through exercise and proper food choices....

They will return soon with t-shirts for those who want to participate. Please get in touch with the center at 732-3227 to sign up for the shirt with your size.

Last Month in Review (continued)

Weimar Campus



Another terrific Tuesday in Weimar at the First United Methodist Church! We had health on our minds, with **Brittney Jones from True Care Living** doing blood pressure checks and **Paula Grahmann from Hometown Wellness** and her team providing immunizations. Thank you

Our volunteers **Linda and Janiece** are pictured serving up desserts, and **Lanette Kahlden** took home the blackout prize. Thank you **Darlene Williams** for calling the bingo game for us.



Last Month in Review (continued)

Flatonia Campus



Thank you, **Haley**, with **Crown Hospice**, for the bingo game, and congratulations to **Jo Brunner** for winning the beef for the blackout game! And thank you, **Jaime Janda**, for jumping in to help out this week.



Cynthia Trojacek is always a willing volunteer. She is also a Board Member.



The team from **Hometown Wellness** joined us to update immunizations. Thank you, **Paula and Morgan**.



Chyla with Wellsential in Hallettsville called a lively game of bingo. **Cynthia** won a nice rug for the first blackout prize. **Sharon** completed the afternoon of bingo fun, with **Helen** winning tickets to the Schulenburg Literary Guild fundraiser meal.



Debbie V. With Flatonia Health Care called our bingo. She shared the exciting new changes happening at her facility. We hope to meet the new director soon! **Cynthia Meyer** won the blackout prize and chose a collection of containers for her kitchen!



Last Month in Review (continued)

Koopman Catering's Chicken Fried Steak really brought in the crowd!
Fayette Savings Bank could not make it to call bingo, but they sent some popular bingo prizes!

Thank you, **Brandi Rerich!**

Rusti Beckmann stepped up to call, and **Darlene Williams** finished the game with **Martha Beckmann** winning and gifting the **Texas Beef Initiative** Ground Beef prize! I bet there will be sloppy Joes in his future!



Thank you **Sandy Anderson**
with **True Care Living For**
calling our bingo game!



Amanda with **Anytime Fitness** called bingo with **Lillian** the blackout winner.
Kathy Carpenter finished the game with **JoNell** taking home the beef!



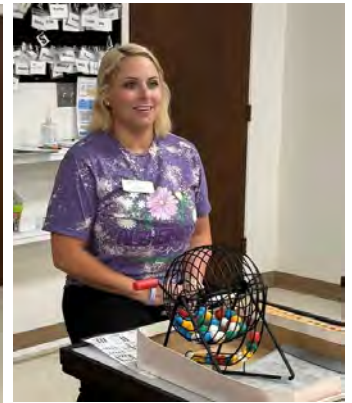
Last Month in Review (continued)



It was so nice to have **Jeffery Reich-Hale** back in the house today! He is the Director of Business Development at **Flatonia Health Care Center**, and he joined us to call bingo!

Cynthia Meyer won the lovely vase he brought for blackout! **Annette Jasek** finished the afternoon with **Helen** winning the tickets for the Literary Guild Fundraiser coming soon!

Way to go, **Johnny**! He won the blackout prize from **Payton Steele with Amedisys Hospice Care** today! Tickets to the fundraiser meal for the Literary Club, and a nice bag to carry his winnings were his reward! Thanks to **Oakridge Smoke House** for the delicious barbecue brisket and chicken for lunch!



Deanie and Kim with Schulenburg Family Fitness brought the party to the bingo game!



Marlene was the blackout winner for their gift card prize! **Darlene** finished the game with **Gerald** taking home the



Last Month in Review (continued)

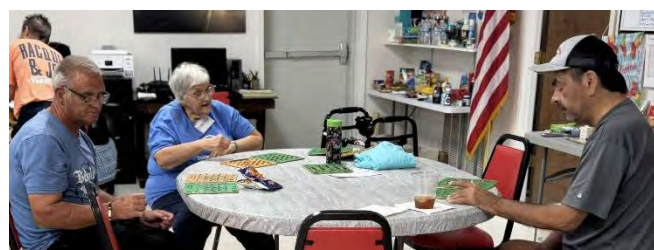
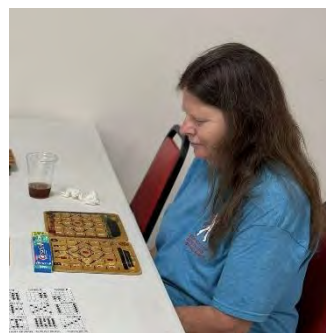


Alice is happy to have a dedicated space for puzzles!

Hometown Wellness was in the house to update us on our immunizations.



Farmers Insurance, Ladd, and Denise called our bingo! Sharon won the blackout prize and took home the beef!



Last Month in Review (continued)



Birthday Wednesday!
The morning was full of friends, games, good coffee, and conversation. Oakridge Smokehouse's fried chicken drew in a huge crowd!



Our birthday attendees were **Gary Pauler, Misty Schindler, and Nancy Wooten**. Happy Birthday to all our members who had birthdays in September.

Do you bake? We love to give homemade cookies to our speakers, bingo callers, and community workers. Please share your goodies with us so we can distribute them as needed to these special people as a thank you for their time and effort to serving Senior Connections.



Our next drop off
day for baked
goods is
Oct. 13th

Please help us roundup
a variety of cookies.



Last Month in Review (continued)



Thirty spirited Senior Connections Members gathered on September 18 for an unforgettable trip to **Victoria, Texas**. Members from all three campuses participated. Our adventure began at the stunning **Victoria Educational Gardens**, where the vibrant colors and diverse plant life left us all in awe.

After enjoying a delicious **Chinese buffet**, we drove through **Riverside Park** and explored the **Museum of the Coastal Bend**.

Pictured above (from left to right) are: **Gary Pauler, August Kalinec, Charles and Irma Aschenbeck, David and Gail Ehler, Marjorie Shofner, Alice Fajkus, Susan Grooms, Manuela Ruelas, Betty Helmcamp, JoNell Vasek, Michelle Hollan, Kathy Carpenter, Alice Michalke, Stephanie Shroyer, Shirley Machicek, Leona Lange, Berni Gillings, Amparo Salinas, Debbie Price, Marilyn Mares, Mary Anne Jurica, Cindy Ferguson, Greg**

Thank you to **David and Gail Ehler** from **Flatonia Methodist Church** for providing transportation in their passenger van.



Last Month in Review (continued)



Artful Friday participants in Martha Beckmann's
Holiday Decorations Workshop – Week 1

Cheri Wilson, Cynthia Meyer, Julie Hill, Cathy Besetzny, Delores Bittner,
Janice Collins, Martha Beckmann, and Irene Janda is in front.

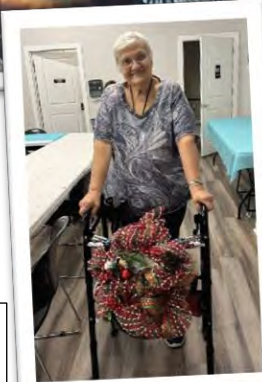
In Week 2,
Members created
cute standing
Ghosts



Artful Friday fun! **Martha Beckmann** 3rd Week included
a shimmery fall wall art.



In the 4th Week, members
made Christmas Wreaths.

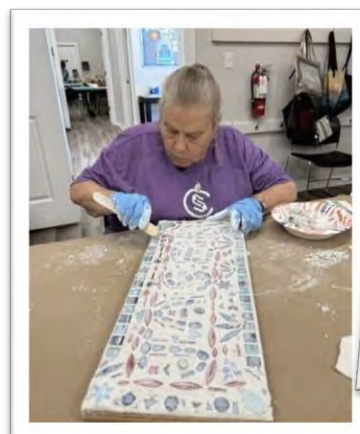
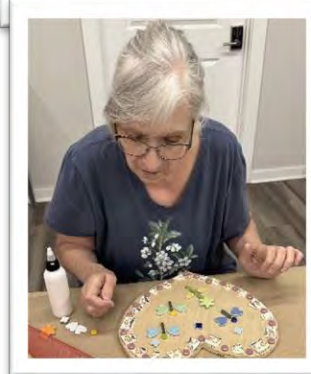


Last Month in Review (continued)

Mosaic class in action at Artful Friday. Please note that these classes require registration in advance. Please call Senior Connections at 979-743-3227 and leave a message to register for any of our Artful Friday workshops. Each registration is for an entire month on Fridays.



I'm feeling the love! I was under the weather and had to miss out on teaching mosaics yesterday for Artful Friday. These images lifted my spirits! Thank you.



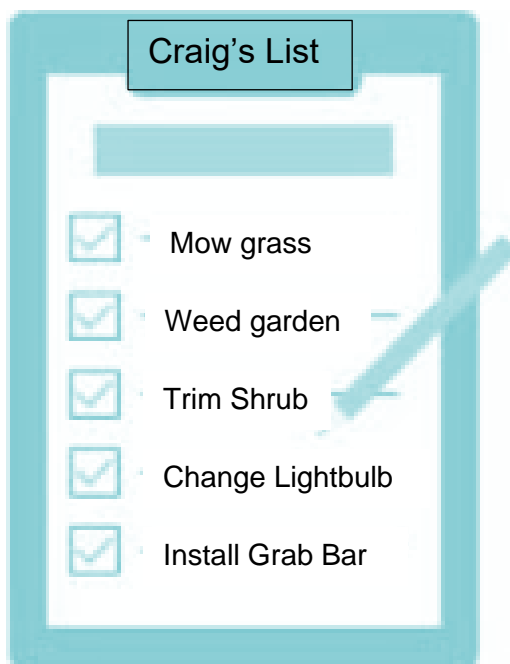
Last Month in Review (continued)



We want to thank Anne Frye with 1st Texas Home Health who was dedicated to call Bingo for us and always brought wonderful prizes. The company will continue to support our bingo program, but unfortunately Anne will not be able to come. We thank Anne for her dedication and smiling face!



Don't forget, our "Helping Heroes" team is available to assist our members in activities that are difficult as we get older.



If you are a member of Senior Connections and need help with small tasks around your home, call 979-743-3227 to get on our "Craigs List."

Please remember, these volunteers are not professionals and therefore, do not have the equipment necessary to handle big jobs meant for pros. However, they are generously donating their time and talent to help our members with yard work and small repairs around the house.

Noticeboard



WELCOME NEW MEMBERS!

We welcome 16 new members to our family:

- Janice Collins
- Joseph Collins
- Nona Goolsby
- Valentin Guerrero
- Debbie Randall
- Martin Martinez
- Alvin Hajek
- Jean Barkley
- Keith Barkley
- David Ehler
- Gayla Ehler
- Greg Mills
- Manuela Ruelas
- Susan Grooms
- Delores Bittner
- Annie Ketchum

THANK YOU

Thank you to **David and Gail Ehler** for driving the Flatonia Methodist Van for our trip to Victoria.

And thank you to **Flatonia 4-H** for their bingo prize donations. We will have enough to last a while!

WHAT'S NEW?



Drink Cart – In addition to our volunteers serving drinks, there is now a new drink cart where members can help themselves.

Jig Saw Puzzle Table – We also now have a new table specifically for our puzzle people! (see pg. 17)

COMING SOON



PRAYER REQUESTS

Let us remember and pray for our members and friends who are ill and need our healing prayers:

- Joe Schindler
- Monica Dunsworth
- Stephanie Shroyer
- Peggy Hiatt
- Brenda Ray
- Ben Tatum
- Lynn Lemmings
- Harlan Kubos
- Joyce Ohnheiser
- Ernest Mican
- Andy Schobel
- Bill Pape
- Annie Mae Ripper
- D'Lisa Guerrero
- John Knox
- Johnny Fajtik
- Diana & Troy Chafin
- Norma Montoya
- Gretchen Zapalac
- Ginni Berwick
- Isabel Martinez

MEMBER UPDATES

Ginni Berwick had back surgery and it appears to be a success.. Hopefully she's on the road to healing.

Spotlight – Craig Pierson



Senior Connections is excited to announce that Craig Pierson is our newest Board Member. Anyone who has come to Senior Connections in the past year or so, has heard of our “Craig’s List”. Meet Craig...he is the inspiration for this list.

Craig is originally from Michigan, but has been in Texas the last 20 years. He lives in Schulenburg with his wife April (Schramek).

He recently retired after being in specialty chemical sales for over 40 years. He has managed business in the US and internationally.

Craig began helping our members with maintenance and yard work over a year ago. That volunteer group has grown to 7 people assisting our members with chores they need help with. We are so appreciative of him starting this program that we call “Helping Heroes”. See page 23 for more details about the “Craig’s List”

Craig enjoys traveling, sports, and trying to perfect his brisket.

THANK YOU, Craig!!!

Poem to Share

The Little Things

Margaret Lindsay

It's the little things we do and say,
That make or mar the livelong day;
It's not the thing we do once in a while,
But the little things that tell the tale.

The little acts of kindness done,
The smiles that greet the rising sun,
The words of cheer to those we meet,
That make this life so bright and sweet.

Smiling is Infectious

Spike Milligan

Smiling is infectious, you catch it like the flu,
When someone smiled at me today, I started smiling too.
I passed around the corner and someone saw my grin—
When he smiled I realized, I'd passed it on to him.

I thought about that smile, then I realized its worth:
A single smile, just like mine, could travel round the earth.
So if you feel a smile begin, don't leave it undetected—
Let's start an epidemic quick, and get the world infected!

Laughing Matters



No Dogs Allowed

Two friends are walking their dogs -- a Dalmatian and a Chihuahua -- when they smell something delicious coming from a nearby restaurant.

The guy with the Dalmatian says, "Let's get something to eat."

But the guy with the Chihuahua says, "We can't go in there, we have dogs with us."

So the first guy says, "Just follow my lead." He puts on a pair of sunglasses and walks into the restaurant.

"Sorry," says the owner, "no pets allowed."

"But this is my seeing-eye dog," the guy with the Dalmatian says.

"A Dalmatian?"

"Yes, they're using them now."

The owner says, "Very well, then, come on in."

The guy with the Chihuahua repeats the process and gets the same response from the owner: "Sorry, pal, no pets allowed."

"But this is my seeing-eye dog," says the second guy.

"A Chihuahua?" asks the incredulous owner.

"A Chihuahua?!", says the man in the dark glasses. "They gave me a Chihuahua?!"

Word Search

SMILE!



A D M N H Q L X O D C O Y X
G S U P A S O U H T E L H X
I M N O P U V D H C I W B B
G I G D P K E M A M P E R P
G L R B Y G D R A F C J O Y
L E A L F R G F B N H U G B
E J T E A I T K E X K S Q E
U C I S C N N I T C I M T L
S U T S E I T H M J N I R I
Y D U I W A Y R C Y D R U E
N D D N P L A M M B J K S V
N L E G G W L A U G H Z T E
O E P E A C E D G E N T L E
C H E E R F U L I F A I T H

Happy Face
Peace
Patience
Hug
Grin
Laugh

Joy
Gratitude
Blessing
Family
Smirk
Believe

Cheerful
Love
Grace
Cuddle
Wink
Trust

Gentle
Kind
Warm
Smile
Giggle
Faith