NEWSLETTER June 2025

Senior Connections

A Gathering Place for Active Seniors

Located in Wolters Park
1111 Bohlmann Ave., Schulenburg, TX 78956

Phone: 979-743-3227 Email: amanda@srconnections.org

Website: https://www.srconnections.org/

Facebook: https://www.facebook.com/SeniorConnections979



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Program Director's Desk

Hello Senior Connections Family,

As we enter June, the excitement of vacation season is in the air! It's that time of year when we get to relish the joy of spending precious moments with our kids and grandkids, firing up the barbecue, and enjoying the great outdoors. With warmer days ahead, we can all look forward to delightful gatherings filled with laughter and cherished memories at Senior Connections, where it is always cool!



We hope you dive headfirst into a wonderful June filled with love, connection, and fun. Join us in Schulenburg, Weimar, and Flatonia as we celebrate this beautiful month with activities and events designed to bring us closer as a community. Here's to a season of togetherness!

Warm wishes,

Program Director

Stephanie Shroyer

June Trivia

June is named for Juno, Roman queen of the gods

Zodiac signs: Gemini & Cancer

Birthstone: Moonstone or Pearl

Flower: Rose or Honeysuckle

Quote of the Day

You are never too old to set another goal or to dream a new dream.

- C.S.Lewis



Gathering Place for Active Seniors Call: 979-743-3227

Schulenburg: 1111 Bohlmann Ave. Weimar: 301 West Saint Charles St. Flatonia: 403 E. North Main St.

Email: stephanie@srconnections.org

Website: https://www.srconnections.org/

Facebook:

https://www.facebook.com/SeniorConnections979

June 2025

SUNDAY Closed	MONDAY 9am-2pm Schulenburg	TUESDAY 9am-2pm Weimar or Flatonia	WEDNESDAY 9am-2pm Schulenburg	THURSDAY Closed	FRIDAY 10am-1pm ARTS Bldg.	SATUR DAY Closed
1	11:30 am Lunch 2 Brisket, Chicken, Beans, Potato Salad, Dessert 12:00 pm Lunch & Learn Member Spotlight W/ Lillian Vanicek 12:30 pm Bingo W/ Elizabeth Fox, Freyburg Hall	SC-Weimar 11:30 am Lunch Chicken Pot Pie, Salad, Garlic Bread, Dessert 12:00 pm Lunch & Learn W/ Holman Valley Restaurant 12:30 pm Bingo W/ Anne Frye, Texas Home Health	11:30 am Lunch Lasagna, Salad, Garlic Bread, Dessert 12:00 pm – Bingo w/ Fayette Savings Bank	5	6 10am -12 pm at Senior Connections Claire Lewis Watercolors Lunch Served	7
8	11:30 am Lunch Chicken Spaghetti, Mixed Vegetables, Salad, Dessert 12:00 pm Lunch & Learn w/ Holly Gigout w/ La Grange Lawyers – Understanding Medicaid and being prepared 12:30 pm Bingo w/ Sandy Anderson, TruCare	SC-Flatonia 10 9:45 Exercise (NEW) 11:30 am Lunch Enchilada Casserole, Rice, Beans, Dessert 12:00 pm Lunch & Learn w/ Flatonia Farmers Market 1:00 pm Bingo w/ Joshua Lovejoy, Crown Hospice	11 11:30 am Lunch Chicken Fried Chicken, Gravy, Buttered Potatoes, Salad, Dessert 12:00 pm – Bingo w/ Jaime Janda	12	13 10am -12 pm at Senior Connections Claire Lewis Watercolors Lunch Served	14
Father's Day	11:30 am Lunch Baked Chicken, Twice Baked Potatoes, Salad, Dessert **Cookie Roundup** 12:00 pm Lunch & Learn W/ Jim and Elana Pate – Music Sing-a-Long 12:30 pm Bingo W/ Victoria Bothe, Shady Oaks, Moulton	SC-Weimar 17 11:30 am Lunch Chicken Spaghetti, Mixed Vegetables, Salad, Dessert 12:00 pm Lunch & Learn w/ Judge Ed Janecka 12:30 pm Bingo w/ Takeshia Hodge, Columbus Oaks NH	18 11:30 am Lunch Fried Fish, Cole Slaw Mac & Cheese, Hush Puppies, Dessert ***Birthdays*** 12:00 pm – Bingo w/ Jaime Janda	Board Meeting	Summer 20 10am -12 pm at Senior Connections Claire Lewis Watercolors Lunch Served	21
22	11:30 am Lunch 23 Sloppy Joes, Dill Pickle Pasta Salad, Chips, Dessert 12:00 pm Lunch & Learn W/ David Will, Natural Medicine 12:30 pm Bingo W/ Payton Steele, Amedisys Home Health	SC-Flatonia 24 9:45 Exercise (NEW) 11:30 am Lunch Chicken Pot Pie, Salad, Garlic Bread, Dessert 12:00 pm Lunch & Learn w/ Jill Beck, Flatonia Chamber of Commerce 12:30 pm Bingo w/ Sherry Haas	25 11:30 am Lunch Fried Chicken, Buttered Potatoes, Salad, Dessert 12:00 pm – Bingo w/ Deannie Crimm, Schulenburg Family Fitness	26 OUTING: LaGrange 10:00-3:00 + pick up and drop off time	27 10am -12 pm at Senior Connections Claire Lewis Watercolors Lunch Served	28
29	11:30 am Lunch 30 Meatloaf, Buttered	Koopmann Oakridge	Come jo Enjoy a cup of o	oin our family!	of tea.	





Play games or just visit with others!





Potatoes, Salad, Dessert

12:00 pm Lunch & Learn w/ Get to Know Your Neighbor

12:30 pm Bingo w/ Volunteers

Day

Oakridge

Sr. Conn.

AMK

June Birthdays

In June we celebrate birthdays with:

- Linda Barrilleaux 1st
- Junette Rodecap 2nd
- Michelle Wright 2nd
- Pam Janda 2nd
- Shari Brady-Mossner 5th
- Clara Christ 8th
- Lillian Vanicek 9th
- Mary Kalinec 10th
- Clinton Ellebracht 11th

- Aileen Kasper 12th
- Gary Carpenter 14th
- Mac Schramek 18th
- Sandy Hoelscher 19th
- Bill Bucek 23rd
- Brenda Ray 23rd
- Bernadette (Berni) Gillings 26th
- Milton Christ 28th



Please join us at the center, normally on the 3rd Wednesday of each month to celebrate.

June Trivia

June's name comes from the Roman goddess Juno, protector of women and marriage.

In 1969, Neil Armstrong was named the first civilian selected for the astronaut program—and in just one month, he would make history.

June 1st, 1967, saw the release of The Beatles' iconic album Sgt. Pepper's Lonely Hearts Club Band—a musical landmark that still resonates today.

Gemini (May 21 - Jun 20)

Geminis love to learn and they never stop wondering about the unexplained.

Cancer (June 21 - July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the

The Birth of the Italian Republic

On June 2, 1946, Italians voted to become a republic, marking a fresh start rooted in democracy. Festa della Repubblica celebrates this with parades, music, and national pride.

News to Know





Senior Connections participated in the Flatonia Farmer's Market on May 10th to build awareness and recruit new members.

We held a raffle for one of our T-shirts. Mary Kalinec (August Kalinec's wife) won the T-shirt. It was a good day and we met lots of wonderful people.

Many people we met had heard about our organization and had very nice and positive things to say about us. We are blessed to be in this wonderful community.

Garden Poles distributed to our community. We thank them for their continued support!



Upcoming Events



Don't miss our upcoming speakers for June at any of our 3 locations (S) Schulenburg, (W) Weimar, (F) Flatonia:

June 2 – (S) Member Spotlight w/ Lillian Vanicek

June 3 – (W) Holman Valley Restaurant

June 9 – (S) Holly Gigout with La Grange Lawyers

June 10 – (F) Flatonia Farmers Market

June 16 - (S) Jim & Elana Pate - Music Sing-A-Long

June 17 – (W) Judge Ed Janecka

June 23 - (S) David Will - Natural Medicine

June 24 – (F) Jill Beck, Flatonia Chamber of Commerce

June 30 – (S) "Get to Know Your Neighbor Day"

OUTING: La Grange

Thursday, June 26 ~ 10:00 am – 3:00 pm (plus pick-up and drop-off time)

Tour will begin at the **Fayette Heritage Museum and Archives** located on the 2nd floor of the Fayette Public Library. Next, we will have lunch at **Reba's Deli & Pizzeria**, and then head over to the **Quilt Museum**.

We will carpool to La Grange, so please sign up if you would like to be a driver or a passenger and what location you want to leave from, whether it be Schulenburg Senior Connections, or Weimar First United Methodist Church, or Flatonia Methodist Church.

Please contact Stephanie Shroyer at 979-702-1246 if you are interested in participating in this outing.









Please mark your calendar to save the date for Senior Connections Summer Picnic Wednesday, July 30th at KC Hall in Schulenburg. 9 am – 2 pm

We encourage all 3 campuses to join us.

Hot Dogs/Chili Dogs will be served.

There will be a sign-up sheet for side dishes and desserts

Games in the morning, Raffle Prizes, Music by **Super Dave Hollas**,

and then Bingo at 1 pm

Upcoming Events (continued)

Claire Lewis will return in June to teach a Watercolor course for the Month of June. Each Artful Friday, from 10:00-12:00, she will take us through these techniques.



In the month-long course, you will learn;

- ♣ Watercolors: Fantasy and Flowers
- Learn to lose your fear of watercolors.
- How to know the difference between cold press and hot press watercolor surface.
- ♣ How to use various brushes, flat brush, round, filbert, and various sizes.
- How to transfer a flower, animal, or picture of a person to watercolor paper.
- How to make washes
- ♣ Ombré wash, wet in wet wash, dry wash.
- ♣ How to layer and mix watercolor washes.
- ♣ When to dry brush

Are you interested? If so, call Stephanie Shroyer at 979-702-1246. **The class is currently full, but you may contact Stephanie to be put on a wait list.**

You do not need to be a member of Senior Connections to participate. The class is open to anyone 55 and up. During June and July, all ARTS classes for seniors will be held at Senior Connections, 1111 Bohlmann Ave in Schulenburg. The classes are from 10:00 am till 12:00 pm, with a light lunch afterward.









Last Month in Review



Lunch & Learn – Monday, May 5 (Schulenburg)

After our Cinco De Mayo meal in Schulenburg, **Kerry Van De Steeg** from Columbus shared his life story for the Senior Spotlight. He enlightened and entertained us with his interesting story. Thank you Kerry and we will miss you, but we know you will be back with many more stories to tell.

Lunch & Learn – Tuesday, May 6 (Weimar)

We had an informative program from **Weimar Chamber of Commerce Executive Director Tiffany Hougardy.**

A recent transplant to the city, she feels she has found a good place to plant roots and call home with her family. She sounds like a big plus for all of Weimar's businesses and events. She has been busy networking with other chambers to make them more cohesive and support each other.





Lunch & Learn – Monday, May 12 (Schulenburg)

PA Abby Adamson and Dr. Mikesky from Dr. Ducichela's office brought their version of Jeopardy for us to play! It was not only fun, but informative. Who knew we were so competitive! In the end, team two, consisting of Lillian Vanicek, Carolyn Moore, Lee Ehler, and Jim Walker, beat out the other three teams.

Lunch & Learn – Tuesday, May 13 (Flatonia)

Author, Betsy Wagner, shared her connection to Flatonia and Gonzales and she talked about the history of the town prior to our Gonzales Historic Adventure. She has many stories to tell. You can find some of them in her books. Check it out! https://www.someplacedownintexas.com/





Lunch & Learn – Monday, May 19 (Schulenburg)

After a delicious meal of enchilada casserole from Koopmann Catering, **Craig Moreau** and his lovely assistant, **Lincoln**, dropped by the campus in Schulenburg for our Lunch and Learn presentation. His presentation on Generationalism was very thought-provoking. Sharing the differences in behavior of different generations, he then posed these questions: Which generation would you want to work for, or work for you? Which generation are you from?

Lunch & Learn – Tuesday, May 20 (Weimar)

Thank you, DO Van Houten, for the presentation in Weimar. He practices here, and he distinguished the difference between a DO or DR in medicine.

His is a more holistic practice, treating the whole person, not the problem.

He then explained Diabetes to us in a way I've never heard. He explained at the cellular level what happens to the food we eat and how our body processes it with or without the disease. Thanks!





Lunch & Learn – Monday, May 27 (Flatonia)

Therese Marcak gave an informative talk about a non-profit right here in Flatonia that provides comfort to those who have lost a baby due to miscarriage, abortion, stillbirth or infant death (from conception to 12 months). The building was constructed to be a memorial in honor of them. It is a peaceful and special place to share with others who need comfort in this way. This organization also provides peer counseling for those suffering the loss of a baby.

https://www.raphaelsrefuge.org/

Weimar Campus

Our menu included meatloaf with mushroom gravy, mashed potatoes, and this beautiful salad—the secret is in the special dressing!

We enjoyed desserts from Peggy Hiatt







Thanks to our amazing volunteer Jeanice and the prizes brought by the lovely **Anne Frye with First Texas Home Health**, the prize table was restocked with lots of our favorites, so there were lots of choices for the winners! We had two winners for blackout: one received a laundry kit and the other two pounds of ground beef!







Takeshia Hodge with the Oaks
Nursing Facility in
Columbus brought a comfy chair for the blackout prize when she called bingo. Debbie Price won it after battling six others for a playoff! Wow!

Flatonia Campus







We love having young ones in the house, so, if you have grandkids visiting this summer, bring them along!

We have a variety of games they will enjoy!



Jim Walker was the lucky winner of the blackout prize in Flatonia. He has his hands full of all his prizes, and he is a handful!













Lillian Vanicek is a beautiful member of our organization. Hailing from LaGrange, she has roots deep in Flatonia soil. We're happy she and many of our Schulenburg tribe ventured down the road to join us!

Prizes given away at the Ice Cream Social and Membership Drive in Flatonia went like this.









Custom built bird house by Mac, to Nancy Jasek
\$10 gift certificate from Dairy Queen to Joe Bareak New member!
Flowers to Frank Lafferty
Buttermilk Pie to Jo Brunner
Trivets to Kerry Van De Steeg
Birdhouse by Mac to Vivian Villarreal
\$10 gift certificate from Dairy Queen to Julia
Pecan Pie to Sharon Friedrich New member!





Fayette Savings Bank's gift baskets for the Flatonia membership drive were presented by volunteer **Kathy Carpenter** to new members Vicky Haidle and Jo Brunner!

















Our thanks to all the volunteers who made the Ice Cream Social and Membership Drive in Flatonia a big success and a fun day!

To **Dairy Queen** for the Ice Cream Cakes and gift certificates, thanks.

To **Betsy Wagner**, author from Columbus, who came to speak, thanks. To **Crown Hospice**, thank you for sponsoring the floats and calling bingo!



Bubba with **Fayette Savings Bank, ssb**, created some interesting Bingo games with the help of his lovely assistant! Pictured also, are 2 of our Bingo winners: **JoNell Vacek** and **Faye Smith**.









Last week, **Freda** wanted her picture taken with **Lillian V.'s** beautiful flower arrangement. So this week, Lillian made her, her very own arrangement!







Sharon Rodriguez once again finished out the day calling the game, and **Janice Kutak** won Blackout again!



Helen Onheiser won the blackout prize made by our Martha Beckmann



Stephanie Shroyer presented **Ginnie Berwick** with the Blackout prize!



Lillian Vanicek won the blackout prize from True Care Living Centers representative Neisha Evans! Whoop, Whoop! This was her first time winning this game!









Jaime Janda is our new pinch hitter for bingo!

Our regular caller called in sick at the last moment, and Jaime dropped everything to come help. Well, her amazing, fun personality had everyone smiling and joking with each other—win, win! Many members said it was the best game yet!

Alfreda Ellison won the blackout prize of beef from Texas Beef Initiative after a playoff. She asked if she could hold the beautiful flowers that **Lillian Vanecek** brought from her beautiful yard.









Deannie Crim and her crew from **Schulenburg Family Fitness** always makes everyone happy when they visit to call bingo! It's always a great day when this bunch is in the house! Thank you





Annette Jasek spoke with us about her experience with West Nile Virus. She has experienced unfounded falls, a year in a wheelchair, many tests, and much heartache from this nightmare.

After the extensive rain we have experienced over the past few weeks, it is imperative to protect yourself and your neighbors by removing any standing water in your yard and using bug spray with DEET.

She hopes her talk will prevent anyone else from getting the disease.





We celebrated birthdays with **Johnny Fajtik** & **Annette Jasek** who were in the house for the picture!

Thank you, **Debbie Schindler** for bringing the birthday cake!

Happy Birthday to all of our members, present or not, who had a birthday in May.







Please continue to bring cookies each month so we can offer these homemade "goodies" as a thank you our community supporters, bingo callers, and Lunch & Learn Speakers. We appreciate all of them and they LOVE the cookies!

A contingent of Senior Connections members traveled to Gonzales recently to tour Gonzales's important role in Texas history, visiting many sites where the actions took place. We had two knowledgeable guides sharing the story. The tour ended at the History Museum, where we gathered to view one of the cannons and many fascinating displays from the day.

Present on the trip, but not in order of the group picture are Barbara Nugent, Carolyn Moore, Maryann Jurica, Jonell Vacek, Alice Fajkus, Berni Gillings, Betty Helcamp, Brenda Ray, Gloria Cook, Debbie Price, Frank Lafferty, Stephanie Shroyer, Kathy Carpenter, Gary Carpenter, Cynthia Meyer, and August Kalinec.





Jaime Janda kicked off the month of May for Artful Fridays for us at ARTS - Arts for Rural Texas in Schulenburg! Students were captivated at the idea of creating a book about themselves. This art journal can use a variety of techniques such as collage, scrapbook, painting, drawing and journaling, and so much more. Participants got excited as they thought about the many



New students can still join. This course will be continuing in July, and new students are welcome. How do you join? You can call Stephanie at 979-702-1246 or show up. We will meet at the Senior Connections Center at 1111 Bohlmann Ave in Schulenburg from 10-12 on Fridays, with a light lunch after class.

ALEX MEIXNER

Thank you, Arts for Rural Texas, for scheduling the concert with **Alex Meixner** on May 30th! Alex is a nationally known accordion player, and he joined us at **Jack and Mary's** in the yard. He entertained people from **ARTS**, **Senior Connections**, **And Then**, **and Turtle Wing organizations**. What was heartwarming was how he shared stories about his life, engaged with the audience, and got to know them as well as our wonderful community.





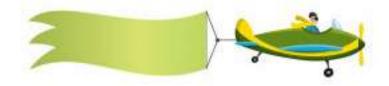
Don't forget, our "Helping Heroes" team is available to assist our members in activities that are difficult as we get older.



If you are a member of Senior Connections and need help with small tasks around your home, call 979-743-3227 to get on our "Craigs List." Also, for light housekeeping and errands, contact **Tanya Edwards** 361-246-0101 to negotiate a fee and schedule a date.

Please remember, these volunteers are not professionals and therefore, do not have the equipment necessary to handle big jobs meant for pros. However, they are generously donating their time and talent to help our members with yard work and small repairs around the house.

Noticeboard



WELCOME NEW MEMBERS!

We welcome 13 new members to our family:

- August Kalinec
- Mary Kalinec
- Sharon Friedrich
- Ann Henry Dittrich
- Irma Aschenbeck
- Charles Aschenbeck
- Carolyn Adams Jones
- Ida Barrios
- Mac Schramek
- Vicky Haidle
- Mary Ann Jurica
 - Carol Lighthill
 - Milton Bever

THANK YOU



Thank you to Jaime Janda for being such an incredible volunteer. Jaime has been "pinch hitting" for us whenever we are in need of a bingo caller or other volunteer services.

OTHER NEWS

How is your garden growing/going?



If you have excess produce, consider bringing it to Senior Connections to share, or for bingo prizes!

WHAT'S NEW

Artful Friday will be moving back to Senior Connections beginning this Friday, June 6th. The ARTS Center will be unavailable to us as they will be having Summer Camp for the kids.

We will return to the ARTS building in August.

The Watercolor class with Claire Lewis is currently full. Please call Stephanie to get on a waitlist.

PRAYER REQUESTS

Let us remember and pray for our members and friends who are ill and need our healing prayers:

- Shirley Baty
- Monica Dunsworth
- Stephanie Shroyer
- Cathy Besetzny
- Carolyn Moore
- Ken German
- Ernest Mican
- Leona Jones
- Janis Kutac
- Jenell HeatonSteve Simmons

FYI: John Knotts is in a rehab center in Austin and getting worked hard everyday to get him moving.

MEMBER UPDATES

Irene Janak – she has been relocated to Regency Nursing Facility in the 600 building and will be calling it home for a while. She would love visitors!

Angeline Boehnke – has passed away. Visitation is Friday, June 6 from 4-6 pm at Smith Funeral Home. Service will be held on Saturday at 1 pm at Sacred Heart Catholic Church in Flatonia, followed by burial at the church cemetery. Food will be accepted at the Church Hall for after the service.

Poem to Share

Don't Quit

John Greenleaf Whittier

When things go wrong, as they sometimes will, When the road you're trudging seems all uphill, When the funds are low and the debts are high, And you want to smile, but you have to sigh, When care is pressing you down a bit—Rest if you must, but don't you quit.

Life is strange with its twists and turns,
As every one of us sometimes learns,
And many a failure turns about
When he might have won had he stuck it out;
Don't give up though the pace seems slow—
You may succeed with another blow.

Success is failure turned inside out—
The silver tint of the clouds of doubt,
And you never can tell how close you are,
It may be near when it seems so far;
So stick to the fight when you're hardest hit—
It's when things seem worst that you must not quit.

Laughing Matters



The Fisherman

Joe packed away his fishing gear in a bad mood because after all day fishing he hadn't caught a thing.

He passed by the fishmonger and asked for a large fish.

The fishmonger said: "What kind?"

"Any kind" Joe replied.

The fishmonger said: "You better take a Snapper because your wife was here earlier and told me if you came by to give you a snapper. That's what she feels like eating tonight."

The Nurse

A man was going frantically down the hall of the hospital in his wheelchair, just before his operation.

A nurse stopped him and asked: "What's the matter?"

He said, "I heard a nurse say, 'It's a very simple operation, don't worry, I'm sure it will be all right."

"She was just trying to comfort you, what's so frightening about that?"

"She wasn't talking to me. She was talking to the doctor!"

The Tramp

A gentleman was walking home when a tramp approached him and asked for two dollars.

The gentleman asked: 'For you to buy booze?'

'No, sir' replied the tramp.

The gentleman probed: 'For you to gamble then!'

'No, sir' replied the tramp.

'Then, will you come home with me so my wife can see what happens to a man who doesn't drink or gamble?'

Word Search ITALIAN PASTA



M	A	C	A	R	0	N	I	X	В	V	S	W	E
T	R	1	C	C	I	0	L	1	0	0	В	L	C
Н	0	L	1	N	G	U	I	N	E	Y	L	A	A
F	Y	R	V	S	Z	1	T	1	L	E	P	G	N
S	A	C	T	Ε	U	Н	Н	Z	T	F	A	N	N
K	P	K	F	E	R	P	K	A	P	F	P	0	E
S	R	A	K	A	L	M	1	1	E	U	P	L	L
J	1	P	G	S	R	L	1	G	N	S	A	0	L
E	G	W	Q	Н	G	F	I	C	N	1	R	T	0
V	Α	Н	F	Α	E	E	Α	Ν	E	L	D	T	N
C	T	L	T	Y	K	T	1	L	1	L	E	1	I
Н	0	G	Y	U	F	В	T	N	L	I	L	M	0
E	Ν	S	S	Z	X	Т	В	1	J	E	L	I	V
0	I	F	E	T	T	U	C	C	1	N	E	U	D

Spaghetti Macaroni Vermicelli Tortellini

Fettuccine Linguine Fusilli Agnolotti

Penne Tagliatelle Cannelloni Pappardelle

Farfalle Ziti

Rigatoni