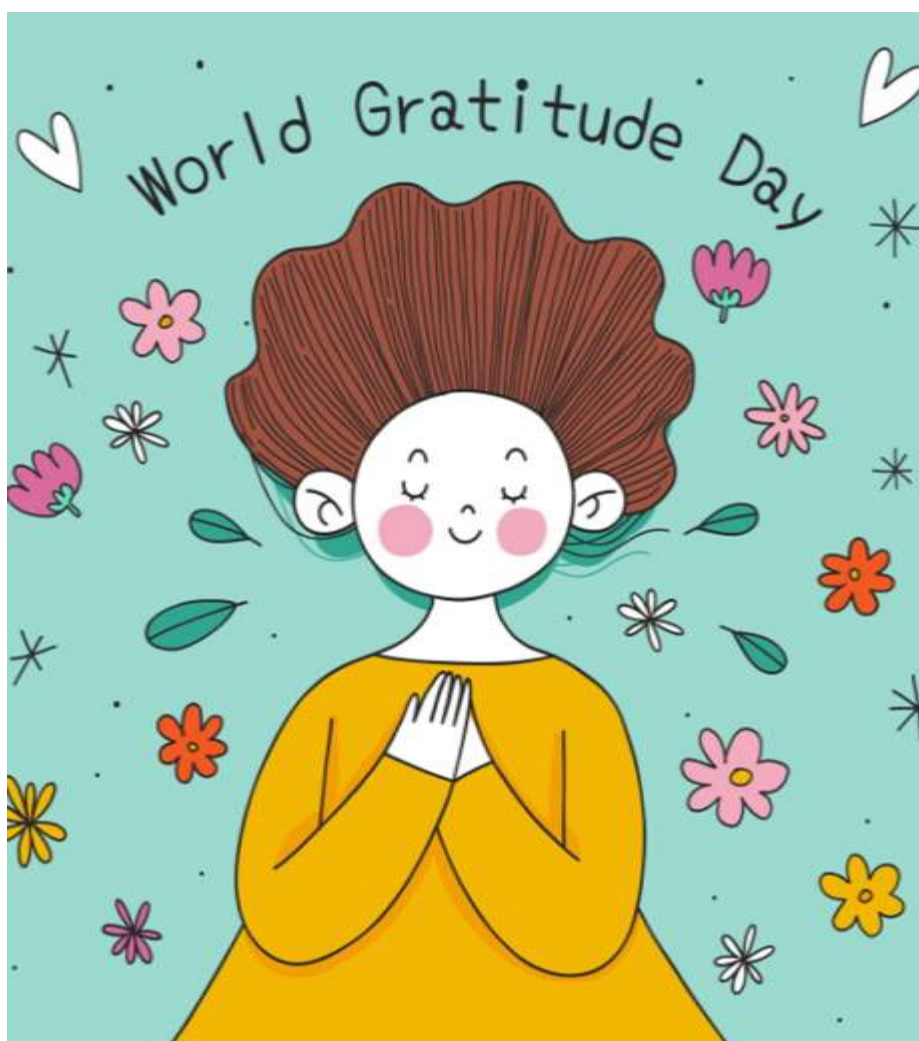


NEWSLETTER

September 2025

Senior Connections
A Gathering Place for Active Seniors

Located in Wolters Park
1111 Bohlmann Ave., Schulenburg, TX 78956
Phone: 979-743-3227 Email: amanda@srconnections.org
Website: <https://www.srconnections.org/>
Facebook: <https://www.facebook.com/SeniorConnections979>



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Program Director's Desk



Hello Senior Connections Family,

As the promise of fall approaches, we find ourselves looking forward to the crisp, refreshing air that autumn brings and leaving the heat of summer behind us. This time of year is marked by vibrant fairs, lively festivals, and cherished church picnics, all of which create perfect opportunities for reconnecting with family and friends. These gatherings remind us of the importance of nurturing our relationships and creating lasting memories with those who matter most.

What do you treasure most about these moments with your loved ones? Perhaps you enjoy sharing stories from days gone by, reminiscing about the laughter and lessons of the past. Or maybe you find joy in discussing plans for the future, dreaming together about what's to come. For many, watching grandchildren and great-grandchildren revel in the simple pleasures of these gatherings is a true delight. Their laughter and energy can bring a warmth that outshines even the coziest autumn day.

We hope you're as eager as we are to bid farewell to the sweltering summer heat and embrace the cool, inviting breezes of fall. Let this season remind us to gather, celebrate, and cherish the connections that enrich our lives. And remember, our family, called Senior Connections, is always waiting for you to join us!

Warm regards,
Program Director

Stephanie Shroyer

September Trivia

More people are born in September than any other month! Which means that September babies were conceived in the December holiday period... 😊

Zodiac signs: **Virgo & Libra**
Birthstone: **Sapphire**
Flower: **Morning Glory**

Member Testimony

"After my husband passed, I felt so alone. I just couldn't make myself do anything and I stopped coming to the Center. I was on the verge of a breakdown and my family was concerned. So, my Sister-In-Law and another friend said go back to the Senior Center! Senior Connections has really saved me. I've made so many new friends -- It's like a second home to me. It feels like a new world has opened up to me since I came back. I feel like a new person!"
- CM. Member



Gathering Place for Active Seniors
Call: 979-743-3227

Schulenburg: 1111 Bohlmann Ave.
Weimar: 301 West Saint Charles St.
Flatonia: 403 E. North Main St.

Email: stephanie@srconnections.org

Website: <https://www.srconnections.org/>

Facebook:
<https://www.facebook.com/SeniorConnections979>

Sept.
2025

SUNDAY Closed	MONDAY 9am-2pm Schulenburg	TUESDAY 9am-2pm Weimar or Flatonia	WEDNESDAY 9am-2pm Schulenburg	THURSDAY Closed	FRIDAY 10am-1pm ARTS Bldg.	SATURDAY Closed
Koopmann Oakridge Sr. Conn. AMK Vaccinations Provided by Hometown Wellness	Labor Day 1 	2 SC-Weimar 11:30 am Lunch Lasagna, Salad, Garlic Bread, Dessert 12:00 pm Lunch & Learn w/ "Get to Know Your Neighbor" 12:30 pm Bingo w/ Anne Frye, 1 st Texas Home Health	3 11:30 am Lunch Chicken Fried Steak with Gravy, Buttered Potatoes, Salad, Dessert 12:00 pm – Bingo w/ Fayette Savings Bank	4	5 10am -12pm at ARTS Martha Beckmann Seasonal Crafts & Steph Shroyer Mosaics Lunch Served	6
7	8 11:30 am Lunch Fried Fish, Hush Puppies, Cole Slaw, Mac & Cheese, Dessert 12:00 pm Lunch & Learn Member Spotlight w/ Jaime Janda 12:30 pm Bingo w/ Sandy Anderson, TruCare	9 SC-Flatonia 9:45 Exercise 11:30 am Lunch Meatloaf, Mashed Potatoes, Green Beans, Rolls & Cobbler (provided by Jordan Ranch) 12:00 pm Lunch & Learn w/ Jesenia Manzano, Jordan Ranch 12:30 pm Bingo w/ Joshua Lovejoy, Crown Hospice	10 11:30 am Lunch Grilled Chicken, Buttered Potatoes, Salad, Dessert 12:00 pm – Bingo w/ Chyla, Wellsential	11	12 10am -12pm at ARTS Martha Beckmann Seasonal Crafts & Steph Shroyer Mosaics Lunch Served	13
14	15 11:30 am Lunch Meatloaf, Buttered Potatoes, Salad, Dessert **Cookie Roundup** 12:00 pm Lunch & Learn w/ Angela Haan, Fayette Co. Emergency Manager 12:30 pm Bingo w/ Samantha, Anytime Fitness	16 SC-Weimar 10-11 am - Vaccinations 11:30 am Lunch Chicken Parmesan, Garlic Bread, Salad, Dessert 12:00 pm Lunch & Learn w/ Laramie, Kettler, Colorado Co., Ext. Office – Lawn & Tree Care during drought conditions 12:30 pm Bingo w/ Sandy Anderson, TruCare Living	17 11:30 am Lunch Fried Chicken, Buttered Potatoes, Salad, Dessert ***Birthdays*** 12:00 pm – Bingo w/ Jeffery, Flatonia Medical	18 OUTING Victoria 9 am – 4 pm (See details on page 10)	19 10am-12pm at ARTS Martha Beckmann Seasonal Crafts & Steph Shroyer Mosaics Lunch Served	20
21	22 Autumn 11:30 am Lunch BBQ Brisket & Chicken, Potato Salad, Beans, Dessert 12:00 pm Lunch & Learn "Get to Know Your Neighbor" 12:30 pm Bingo w/ Payton Steele, Amedisys Home Health	23 SC-Flatonia 9:45 Exercise 10-11 am - Vaccinations 11:30 am Lunch Stuffed Cabbage Casserole, Buttered Noodles, Garlic Bread, Salad, Dessert 12:00 pm Lunch & Learn w/ Ray Miller, Flatonia City Manager 1:00 pm Bingo w/ Debbie V, Flatonia Health Center	24 11:30 am Lunch Lasagna, Salad, Garlic Bread, Dessert 12:00 pm – Bingo w/ Deannie Crim, Schulenburg Family Fitness	25 Board Mtg. 11 am	26 10am -12pm at ARTS Martha Beckmann Seasonal Crafts & Steph Shroyer Mosaics Lunch Served	27
28	29 11:30 am Lunch 10-11 am - Vaccinations Chicken Fried Chicken w/ Gravy, Buttered Potatoes, Salad, Dessert 12:00 pm Lunch & Learn w/ Sally Garret, Co. Ext. Office – Drink This Or That? 12:30 pm Bingo w/ Farmer's Insurance	30	Come join our family! Enjoy a cup of coffee or glass of tea. Play games or just visit with others! 			

Rev. 9/2/25

September Birthdays

In September we celebrate birthdays with:

Gary Pauler – 1 st	Sandra Michna - 13 th	Kerry Van De Steeg – 23 rd
Carolyn Moore – 2 nd	Jeff Muehl – 15 th	Faye Smith – 24 th
Kay Scanapico – 2 nd	Irma Aschenbeck – 16 th	Filimon Grifaldo – 25 th
Betty Helmcamp – 3 rd	Judy Klesel – 16 th	Ida Barrios – 25 th
Charles Aschenbeck – 3 rd	Lupe Rodriguez – 16 th	Peggy Pollock – 25 th
Deborah Jones – 4 th	Nora Brunner – 16 th	Charlotte Godsey – 27 th
Carolyn West – 5 th	Sharon Simek – 17 th	Lanette Kahlden – 28 th
Bill Pape – 8 th	Lloyd Brunner – 17 th	Nancy Wooten – 28 th
Rita Hays – 9 th	La Nelle Carriero -18 th	Betty Gabler – 28 th
Gary Moorem – 11 th	Rose (Boots) Jewell – 18 th	Helen Niesner – 29 th
Jeanette Hoelscher – 11 th	Loreen Rhodes – 19 th	Judy Janik – 30 th
Belinda Newman – 12 th	Misty Schindler – 20 th	Deborah Longoria – 30 th
Justin Wright – 12 th	Charles Lain – 21 st	Stefni Kueht – 30 th
Dorothy Borak – 13 th	Sue Beyer – 22 nd	



Please join us at the center, normally on the 3rd Wednesday of each month to celebrate.

Gratitude Trivia

- People who regularly express gratitude report better sleep, lower stress, and improved health.
- Writing a thank-you letter (even if not sent) has been shown to increase happiness and life satisfaction.
- Psychologists began formally studying gratitude as a scientific concept in the 1990s, leading to the development of gratitude journals.
- Keeping a gratitude journal for just 5 minutes a day can boost long-term happiness by over 10%.

Virgo (Aug 22 - Sep 22)

Logical, practical, and systematic in their approach to life. Perfectionists at heart.

Libra (Sep 23 - Oct 22)

Often considered the nicest and most charming personality in the world!

WOW!

September in History: A Moment of Gratitude

September 21, 1965 – The first World Gratitude Day was celebrated. Proposed by Sri Chinmoy, a spiritual leader at the United Nations, it began with a simple idea shared during a Thanksgiving dinner in Hawaii: to dedicate one day each year to expressing appreciation. The concept quickly

News to Know

We are grateful for the generous support of so many people who care about our mission at Senior Connections. Because of community-minded partners like these, we're able to continue serving older adults in Fayette, Colorado, and Lavaca Counties with meals, programs, and a welcoming place to connect. Their support helps us build stronger, healthier, and more connected communities, and we couldn't do it without them!

THANK YOU, THANK YOU, THANK YOU!!!



We are incredibly grateful to **Fayette Electric Cooperative** and **CoBank** for their generous support of Senior Connections! 💙 Your partnership enables us to keep offering meals, programs, and essential resources for older adults in Fayette, Colorado, and Lavaca Counties. Together, we're truly impacting our members' lives! Thank you for believing in our mission and investing in the well-being of those we serve!



Thank you to **Maria Bohac** for the donation from her class of 1970. Congratulations for your winning float in the parade!



Thank you, **GVTC** for your **\$2,500 donation** to support our meal-based programming!



Thank you, **Walmart Sparkgood** for your **\$2,000 donation** to support our meal-based programming!!



Thank you, **City of Schulenburg** for your **\$1,000 donation**!

News to Know (continued)

We are excited about the newly purchased building and our future home of Senior Connections. We hope to include monthly updates in each of the newsletters so all members and supporters of our program can stay informed of the progress. Keep in mind, this is a long-term project, but the results will be amazing. Please be patient and pray for the wisdom & fortitude of our Board and our directors. Also pray for grants and other financial support from our community as this will be a very expensive, yet critical project for continued growth, safety, and convenience of our members and future members of Senior Connections.



We have officially entered the initial planning phases of its much-anticipated facility project in downtown Schulenburg. While construction is still a ways off, the groundwork is being laid to ensure the building will serve the community for decades to come.

Our Building Committee is actively meeting with engineers, architects, and contractors to map out the first steps. One of the most critical issues under review is site drainage, a key factor in ensuring the long-term safety and functionality of the facility.

“This stage is all about preparation and collaboration,” said Bob Stanzel, building committee chair. “We’re committed to doing things the right way from the very beginning. While it may take time, these early steps are essential to creating a safe, functional, and lasting space for our community.”

News to Know (continued)



What a wonderful day on Thursday, August 28th. Our fan drive not only helped our seniors but also built new partnerships to enrich the lives of our community.

Thank you to those who donated to our fan drive. We pray these fans will help cool things down with this unbearable heat. **Sixteen fans were given away!**

Nancy Parrish and Mike Hoelscher, August and Mary Kalinec, Kim and Carl Penland, and three local organizations, Melissa Steinbach with Avir (previously Care Inn), Lauren Quinn with Hospice Brazos Valley, and Shannon Mc Bride with Elara Caring.



Upcoming Events



Don't miss our upcoming speakers for September at any of our 3 locations (S) Schulenburg, (W) Weimar, (F) Flatonia:

September 8 – (S) Member Spotlight – Jaime Janda
 September 9 – (F) Jesenia Manzano, Jordan Ranch
 September 15 – (S) Angela Haan, Fayette Co. Emergency Manager
 September 16 – (W) Laramie Kettler, Colorado Co. Ext Office – Lawn & Tree Care during drought conditions.
 September 22 – (S) “Get to Know Your Neighbor”
 September 23 – (F) Ray Miller, Flatonia City Manager
 September 29 – (S) Sally Garrett, Fayette Co. Ext. Office – Drink This or That?



Sign up NOW for the October Class, Assemblage Art with Diana Chafin

Artful Friday

10:00-12:00
 (light lunch served afterwards)

Come join the experience!



Month	<u>Classroom 1</u> Guest Artist/ Instructor	Medium Topic	Location	<u>Classroom 2</u> Alternate Class	Medium Topic
NOTE: We will require that everyone pre-register for these free art classes, which are open to anyone 55 and up. You don't have to be a member of Senior Connections to join in on the fun. We just have limited space in the two classrooms.					
September	Marta Beckmann	Seasonal Crafts	ARTS	Steph Shroyer	Mosaic Open Studio
October	Diana Chafin	Assemblage Art	ARTS	Steph Shroyer	Mosaic Open Studio
November	Jaime Janda	Art Journals	ARTS	Steph Shroyer	Mosaic Open Studio
December	Susan Grooms	Acrylic	ARTS	Steph Shroyer	Mosaic

Are you interested? If so, call Stephanie Shroyer at 979-702-1246.

Upcoming Events (continued)

Senior Connections

EVENTS

SCHEDULE

FALL / WINTER





Victoria Adventure
Educational Gardens,
Contemporary Art Gallery
Chinese Food
Museum of Coastal Bend
Sept. 18. New Date



Czech Heritage Fest
La Grange
Czech Heritage Center
Oct. 18



Calendar Girls Play
La Grange Ampitheater
Nov. 9, 2:00



Thanksgiving At KC Hall Nov. 12
Christmas at KC Hall Dec. 10

For More Information

Call -743-3227

Upcoming Events (continued)

Have you signed up to join us for our September Outing?

Thursday, September 18th

Stephanie has a sign-up sheet available. Please sign up at Senior Connections by September 10th or call her at 979-702-1246. Please provide the following information:

- Name
- Phone #
- Do you want to be a driver or passenger?
- If driver, how many extra people can you bring in your vehicle with you?
- Which Senior Connections location do you plan to leave from?

Don't forget, the **deadline to register for this outing is September 10th.**



Victoria Educational Gardens

This beautifully landscaped, volunteer-maintained garden features a variety of themed areas including:

- 🌸 Butterfly & Pollinator Gardens
- 🌸 Colorful Annual and Perennial Displays
- 🌿 Native Texas Plants & Trees
- 🦋 Peaceful Water Features & Wildlife-Friendly Habitats



Five Points Museum of Contemporary Art

Featuring contemporary art by national & regional artists for the Victoria and South Texas community. Currently includes Art Car Displays



Museum of Coastal Bend

Museum devoted to the region's heritage, from Spanish colonial artifacts to primitive hunting

Chinese Restaurant for lunch.
Please bring money for your meal and tip.



Last Month in Review

Lunch & Learn – Monday, August 4 (Schulenburg)

Kathy Carpenter was under the Spotlight this month for Senior Spotlight. She shared a game with us as we guessed whether her statements about herself and her family were true or false. The photographs she brought with her helped us to put the pieces together!



Lunch & Learn – Tuesday, August 5 (Weimar)

Cindy Villarreal from the **Front Yard Garden Center** between Weimar and Schulenburg joined us for Lunch and Learn. She shared the steps we should be taking to prepare our gardens for fall vegetables. A handout of companion plants is available for those interested. Cindy appreciated the chance to speak to the group and she got to see some old friends.

Lunch & Learn – Monday, August 11 (Schulenburg)

Ralph Fisher, from Swiss Alp, packed the house yesterday in Schulenburg for his presentation. He brought along Oscar #1, his stuffed buzzard. This bird was first in a line of four, which helped him in his performances and as a rodeo clown. Two years after acquiring the bird, he discovered it was female when he found two eggs in its nest! But the name Oscar stayed put!

The program was quite entertaining as he told stories of his exciting life. Focusing on the buzzard part of his world, he did touch on his cloned cow, and the many different animals he uses in his shows including snakes, tarantulas, dogs and more. The band ZZ Top hired Ralph to travel with them for three years from coast to coast as part of their show. Ralph has performed for countless famous people, including presidents, governors, etc.

Stephanie Shroyer first met Ralph in the late 70s at O'Quinn Store when he came to put on his armadillo races..... Those were the days! We look forward to having him back again and hearing more entertaining stories! Thank you Ralph.



Last Month in Review (continued)



Lunch & Learn – Tuesday, August 12 (Flatonia)

We enjoyed a delicious baked ziti and salad for lunch, followed by a talk from **Vaughn and Mary Ohlman**. This interesting couple have some stories to tell! Both missionaries from New Guinea, they met in the states, married and had 6 children. Their next mission was to Africa!

Vaughn is an author and Mary makes herbal teas. You can find them at the farmers market in Flatonia!

Lunch & Learn – Monday, August 18 (Schulenburg)

Thank you to **Morgan and Colton Bubela** for your presentation today. We enjoyed learning about the **B Haus Marketplace & Garden Nursery** in High Hill and **Bubela Tree Farm and Arbor Care**. Your knowledge is beneficial for so many of us who are in need of tree and plant questions. We appreciate your willingness to give back to our community in so many ways. Also, thank you for the lovely bingo prizes you brought!



Lunch & Learn – Tuesday, August 19 (Weimar)

Donald Dixon was our speaker for the day. He is the city manager in Weimar and addressed city issues.

Lunch & Learn – Tuesday, August 26 (Flatonia)

Thank you **Debbie** with **The Bugle Boy** for bringing **Phil Hurley** from Bastrop to entertain our members in Flatonia yesterday! We had members from all three campuses present to enjoy the show. Phil is quite the entertainer and storyteller! We hope to have them back in Schulenburg next year! And thank you **Flatonia Methodist Church** for hosting our program in Flatonia!



Last Month in Review (continued)

Weimar Campus



We had a festive day in Weimar at the **First United Methodist Church**. Early in the morning, the room was filled with dedicated domino players! All enjoyed a delicious meatloaf home-cooked by **Amanda**!



Anne Frye with 1st Texas Home Health called our bingo game, and Gloria Cook took home the beef for the blackout prize!

Last Month in Review (continued)

Flatonia Campus

Haley with Crown Hospice called our bingo, with Kathy Carpenter finishing the day. Eileen was the lucky winner of the blackout. Candy and beef!



Thank you to **Debbie V.** with Flatonia Medical Center for calling bingo.

Irma was the big winner for the day and for the blackout prize: two passes for she and her husband **Charles** to go to the **Fayette County Fair**!

Last Month in Review (continued)



Our bingo caller, Elizabeth Fox, was home ill, so the lovely **Darlene** called for us. We had two beef winners from **Texas Beef Initiative** for the blackout prize! Congratulations **Kitra & Carolyn**.



Bubba O with Fayette Savings Bank called a fun game of bingo, resulting in two blackout winners, **Carolyn and Johnny**! Whoop whoop! Darlene completed the game calling, and **Bernice** was the lucky winner of the beef from **Texas Beef Initiative**! Thank you all for a fun filled day!



The lovely **Chyla from Wellsential** in Hallettsville kept everyone on the edge of their seats for bingo! **Carolyn Moore** was the lucky winner of the blackout prize! Whoop whoop!



Niesha East with TruCare Living from Columbus called bingo for us. **Darlene Williams**, our dedicated volunteer, finished the afternoon, and **Johnny** won the blackout prize: two pounds of ground beef from **Texas Beef Initiative**!



Thank you, **Amanda Brown** with Anytime Fitness, for calling our bingo game! Congratulations **Carolyn Moore** and **Rebecca Kubos** for you blackout wins!



Joanne Barnett with Schulenburg Regency Villas dropped by to call bingo. She brought some fantastic prizes. **Cindy Ferguson** was the lucky winner of the blackout prize! Darlin' **Darlene Williams** finished out the game with **Nancy Wooten** is cleaning up on the second blackout game!

Last Month in Review (continued)

Magnificent Monday! The morning began with games and art, and I love that **AJ and his friend** came early to draw and paint!



Charles brought us some entertainment. He shared a CD of photography he had taken and synchronized it to beautiful music!



Our home-cooked meal from **Connie Koopmann Catering** was a big hit. King Ranch Chicken brought a crowd. It was nice having Volunteers **Maria and Pam** back in the kitchen after some time with their families. **Lupe** is feeling right at home with them!



Payton Steele joined us from **Amedisys Home Health and Hospice** to call bingo, and **Freda** was the blackout winner. She cleaned up!



Thank you to the **nurses from Kocurek Clinic** for dropping by to do blood pressure checks yesterday in Schulenburg!

Last Month in Review (continued)

Wow, our last Wednesday of the month had record breaking attendance! So....

Was it the fact that **Deannie Crim** and the staff of **Schulenburg Family Fitness** were in the house to call bingo?

Was it that we had **Oakridge Smokehouse** barbecue for lunch?

Was it because it was hot outside, and everybody wanted to escape the heat?

Or did everybody want to come hang out with their friends?

My guess is all of the above! We ran out of seats and were lucky to have enough food.

In order to better serve everyone, please try to arrive by 11 o'clock so there is ample time to provide you with a cool beverage to go along with your lunch before we line up to serve. Last-minute arrivals really throw us off. Arriving by 11 am, will help the kitchen volunteers to know how to portion out the food and also know how many dessert plates are needed.

Deannie brought along wonderful prizes to share and a dear blackout prize that was won by **Irma and Charles**. They were in Flatonina yesterday and also won! They are on a roll! **Rusti** finished the afternoon, and **Lillian** won the Charmin, which **Rusti** could not resist squeezing! We were donated a collection of wall art today, and three of our members went home with one as a blackout prize. We had four winners, **Sharon Rodriguez, Clara Christ, Clarence Ahlschlager, and Peggy Hiatt**, who chose cat treats instead! Thank you so much for this wonderful donation.



Last Month in Review (continued)



Birthday Wednesday!
The morning was full of friends, games, good coffee, and conversation. Oakridge Smokehouse's fried chicken drew in a huge crowd!



Our birthday attendees were **Sharon Rodriguez, Darlene Williams, Cynthia Meyer, and Gerald Wooten**. Happy Birthday to all our members who had birthdays in August. Many thanks to **Debbie Schindler** for the birthday cake!

Do you bake? We love to give homemade cookies to our speakers, bingo callers, and community workers. Please share your goodies with us so we can distribute them as needed to these special people as a thank you for their time and effort to serving Senior Connections.



Thank you **Haley** with **Crown Hospice**!



Our next drop off day for baked goods is **Sept. 15th**

Please help us roundup a variety of cookies.



Thank you **Chyla** from **Wellsential** in **Hallettsville**

Last Month in Review (continued)

We had an incredible adventure to the north side of the county!

Starting in Carmine at **Paw-Paw's Firehouse Restaurant**, we celebrated **Darlene Williams' birthday** with a cake baked by **Kathy Carpenter**. Everyone enjoyed delicious food, and the waitress was funny, kind, and spunky!

Paw-Paw received a huge round of applause for taking his BBQ trailer to Kerrville for three weeks to feed the people doing search and rescue after the floods. He said it was amazing. He had only brought along so much food to prepare, but "it was like the fishes and loaves story from the Bible. People kept coming and donating food for him to cook—like 10 briskets at a time!"



After the meal, we headed to **Round Top Family Library** for their Seniors Game Day bingo game. Participants could play with however many cards they wanted, and we also introduced them to our members' favorite Shiner game! They even boxed up the rest of the prizes and sent them with us to add to our prize tables! How nice! We had 21 members from all three campuses along for the adventure.



Last Month in Review (continued)



The creative juices were flowing at Artful Friday! **Susan Grooms** is freeing her students to loosen up and paint abstract acrylics. In the second classroom, students worked diligently on their mosaics! Thank you, **Tory** For substituting! And thank you **Arts For Rural Texas** for making this possible!



The painting class was taught by multiple instructors. **Susan Grooms, Tory Farley, and Jaime Janda**. Students shown above are **Cindy Ferguson, Deborah Jones, Berni Gillings, and Debbie Price**. **Jaime Janda** is on the right.

Last Month in Review (continued)



As we wrap up the August sessions of Artful Friday, here are a few completed works: mosaics with **Fernanda Kirkwood, Cynthia Meyer, Kitra Ruiz, Mary Anne Jurica, and instructor Steph Shroyer.**

Last Month in Review (continued)



Thank you, **Nancy Parrish**, for donating six fans for our fan drive and many valuable bingo prizes! You rock!



Don't forget, our "Helping Heroes" team is available to assist our members in activities that are difficult as we get older.

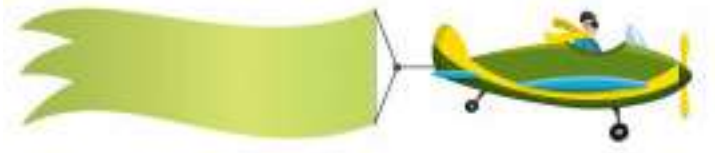


If you are a member of Senior Connections and need help with small tasks around your home, call 979-743-3227 to get on our "Craigs List."

Also, for light housekeeping and errands, contact **Tanya Edwards** 361-246-0101 to negotiate a fee and schedule a date.

Please remember, these volunteers are not professionals and therefore, do not have the equipment necessary to handle big jobs meant for pros. However, they are generously donating their time and talent to help our members with yard work and small repairs around the house.

Noticeboard



WELCOME NEW MEMBERS!

We welcome 12 new members to our family:

- Justin Wright
 - Wanda Walther
 - Elvera Kahlich
 - Sandra Moore
 - Louanna Desmarais
 - Marjorie Shofner
 - Ruben Rodriguez
 - Bennie Lou Liere
 - Becky Wright
- New Volunteer:
- Brittany Wagner
 - Jessica Shank
- New Member & Volunteer
- Lupe Rodriguez

THANK YOU

We are so grateful for all our volunteers and are happy to acknowledge our newest volunteers:

- Maria Bohac
- Lupe Rodriguez
- Brittany Wagner
- Tanesha Wright

OTHER NEWS



Hometown Pharmacy will be visiting all 3 campuses for vaccinations in September.

16th Weimar
23rd Flatonia
29th Schulenburg

COMING SOON



Medicare Workshop with **Valeria Rios**, Aging Program Specialist at the Area Agency on Aging. She will talk about upcoming changes in the Medicare program for 2026.

Thursday, November 6, 2025 at 10:00 am at Senior Connection, 1111 Bohlmann Ave, Schulenburg, TX.

Open to any senior (not just members). This program is being held in conjunction with **Sally Garrett** from Fayette Co. Ext. Office.

PRAYER REQUESTS

Let us remember and pray for our members and friends who are ill and need our healing prayers:

- Shirley Baty
- Monica Dunsworth
- Stephanie Shroyer
- Betty Gabler
- Sharon Rodriguez
- Judy Hageman
- Lynn Lemmings
- Harlan Kubos
- Andy Schobel
- Bill Pape
- Annie Mae Ripper
- D'Lisa Guerrero
- Annette Jasek
- Johnny Fajtik
- Diana & Troy Chafin
- Norma Montoya
- Annie Mae Ripper

MEMBER UPDATES

John Knox recently had surgery on his arm to allow movement. It was successful and he is pleased with the outcome. Please pray that his insurance will continue to pay for his care as he recuperates from this surgery and other future tests and procedures as he is on the road to recovery.

We are thankful our volunteer, **Brenda Ray**, is feeling better and has returned.

Spotlight – Ruben Rodriguez



Ruben Rodriguez is a native of Schulenburg Texas. He graduated from Schulenburg High School in 1968, attended The University of Houston School of Architecture, then served in the U.S. Army for two years. After the army, he went back to the university and changed his major to civil engineering with emphasis on structures. He married his wife Sharon of 55 years while in the army, and upon being discharged from the service, moved back to Houston and worked for several engineering firms for the following 50 years. Sharon and Ruben raised a son who lives in The Woodlands and have a grandson who attends Woodlands

Christian Academy. In Ruben's words, "We cannot go to The Woodlands enough, but need not over extend our welcome". When Ruben retired, he and Sharon relocated back to his hometown of Schulenburg. After retiring, he started consulting with Saber Power with whom he was employed prior to his retirement. After Sharon and Ruben moved to Schulenburg, Sharon started volunteering for Senior Connections. Sharon has been volunteering for the past five years and that, basically is how Ruben was introduced to the organization. Ruben is a member of the Planning and Zoning Committee for the City of Schulenburg. He is a member of the committee because of his desire to help our community move in a positive direction.

Another one of Ruben's interests is playing music. In the early days during high school, he was a member of the group, The Telstars who were all local high school guys having fun. Presently, and still having fun playing, he is a member of the Shiner Hobo Band.

Being in the structural engineering and construction industry, Ruben saw an opportunity to assist with the further development of the senior community in Schulenburg. When he became a member of the board of directors, he was asked to be on the building committee which will help direct the development of the new Senior Connections facility in downtown Schulenburg. Helping with the renovation and upgrading of the new facility will take a huge effort of the building committee, and Ruben is up to the challenge in helping the senior community whenever possible. The Senior Connections new, larger, space friendly building will greatly support the growth of the organization to new heights, and Ruben wants to be instrumental in a part of that development.

THANK YOU, Ruben!!!

Poem to Share

Gratitude

Be grateful for the kindly friends that walk along your way,
Be grateful for the skies of blue that smile from day to day,
Be grateful for the health you own, the work you find to do,
For round about you there are men less fortunate than you.

Be grateful for the growing trees, the roses soon to bloom,
The tenderness of kindly hearts that shared your days of gloom,
Be grateful for the morning dew, the grass beneath your feet,
The soft caresses of your babes and all their laughter sweet.

Acquire the grateful habit, learn to see how blest you are,
How much there is to gladden life, how little life to mar!
And what if rain shall fall today and you with grief are sad;
Be grateful that you can recall the joys that once you had.

- Edgar Albert Guest



Laughing Matters



Let Your Face Laugh

If your face wants to laugh, well let it
If a smile you can get, well get it
Never look down, don't wear a frown
Or everyone will hear all about it.

If you have got quite a lot of trouble
Don't forget someone else has double
So just laugh and grow fat and forget it
If your face wants to laugh, well let it.

Wife's Warning

A state policeman pulls over a speeding car.
"I was only going 40!" the driver protests.
"Not according to my radar." says the policeman.
"Yes I was!" the man shouts back.
"No you weren't." the policeman says.
With that the man's wife leans towards the window and says:
"Officer, I should warn you not to argue with my husband when he's been drinking".

Say That Again

A husband is reading a newspaper article to his wife.
"Women use about 30,000 words to a man 's 15,000 " he reads.
"That's because we have to repeat everything we say to men," she replies.
Her husband puts down the paper and says "WHAT?"

Snake Bite

One snake says to his friend, "I forget — are we poisonous?"
"Why do you want to know?" he friend replies.
"Because I just bit my tongue!"

Word Search

GRATITUDE WORD SEARCH



P	D	P	A	T	I	E	N	C	E	A	C	Q	H
R	W	T	H	K	L	K	Z	N	N	P	O	M	E
A	E	F	F	I	A	I	N	M	C	P	M	B	L
I	L	F	M	W	C	N	O	B	O	R	P	E	P
S	I	S	G	Q	K	D	T	X	U	E	L	T	S
E	S	G	B	V	N	N	E	U	R	C	I	H	U
G	T	R	L	Z	O	E	J	K	A	I	M	A	P
F	E	A	E	R	W	S	Y	H	G	A	E	N	P
O	N	T	S	E	L	S	N	N	E	T	N	K	O
R	G	E	S	S	E	A	B	O	L	E	T	F	R
G	J	F	I	P	D	H	Q	T	R	I	I	U	T
I	E	U	N	E	G	N	U	A	H	M	E	L	B
V	S	L	G	C	E	M	C	G	R	H	M	N	S
E	T	P	S	T	H	A	N	K	Y	O	U	R	N

Grateful

Hug

Encourage

Compliment

Patience

Thankful

Note

Care

Listen

Forgive

Support

Kindness

Acknowledge

Help

Thank You

Smile

Praise

Respect

Appreciate

Blessings